

# Expressions

Vol 3

News Letter - Mount Guide International

March 2019



**Message from Chairman.....**  
 News Letter of Mount Guide is a small canvas to contain the social, cultural, edutainment, athletic and co scholastic activities at MGI.  
 The effort is a big challenge and a bigger achievement. Congrats..  
 Mr. P A Rahman



## From Editor's Desk

We are really proud and exuberant to claim that we are ready with all new hopes and hues to bring out the third issue of our News Letter, 'Expressions', which will surely unfold the unravelled world of the most unforgettable and precious moments of the school.  
 I am really thankful to the school authorities for entrusting me with the responsibility of bringing out this News Letter.

I do hope that this work encourages many more students to use it as a platform to express their creativity.  
 I am honoured to share the work.  
 On that note...  
 Fasla Mohammed

## Message from Executive Director.....

Congratulations on the achievements of the year gone by !!  
 At mount guide education is not just providing systematic instructions to our students. Its about instilling faith in ones's own abilities,creating good wok ethics and teaching them the priceless values of life..  
 The newsletter is the reflection of commendable works done by the students and staff. My profound wishes to the entire team whose coordinated and well orchestrated efforts are mirrored in this.... Best wishes ...  
 Dr Faisal KK

## Message from Academic Director.....

NEWS LETTER is another challenging activity of MGI. All the very best and congrats to its daring and resuorceful creators.  
 Prof. TK Hashim.

## Message from Principal .....

Mount Guide International provided an atmosphere for our learners to develop an open and critical thinking skills.We encourage them to see the world from a global perspective.Our learners are taught to become independent through experience within and beyond the class room.  
 We proudly present the details of co curricular activities of the academic year,which we could make possible without compromising the serious curricular sessions.  
 Congratulations!!!  
 Shamshad Nazar .

## Message from Head Mistress ....

Effective education presupposes creation of well informed as well as well inspired youngsters.Mount guide attains such goals through academic as well as artistic and literally distinctive activities.  
 Newsletter is a reliable reflection of such activities. My best wishes..  
 Ms Suma Mohan.

## Mount Guide International 2018-19...

The start of new session is always a time filled with excitement. The School started with the first day of academic session 2018 on 18th June 2018.  
 Commemorating the world environment day the new journey of academics started with great initative of spreading green... A real catalyst for change.  
 Although it seemed to be a challenge in the first few weeks in the new academic year due to natural catastrophe and out break of deadly Nipah virus, Alhamdulillah the journey was smooth with a range of activities conducted and many milestones crossed...  
 Let's relive the sensation. Lessons,merriments,entertainments.  
 Let's retrospect the path we traversed.... Join us...

# TERM I ACTIVITIES

June

July

Aug.

KG I,II

I,II

III- V

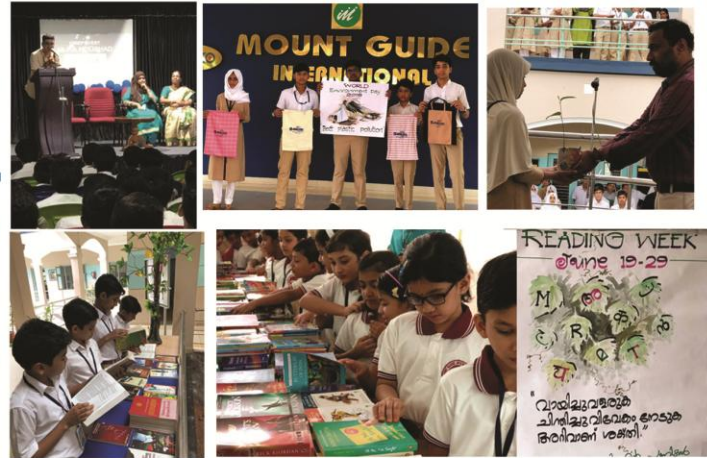
VI- X



Preparing for the next academic year; Goal-setting & training teachers for a year full of new learnings and enlightments.....

Every year the school celebrates the reading week starting on June 19 with various activities to motivate the students with the habit of reading.

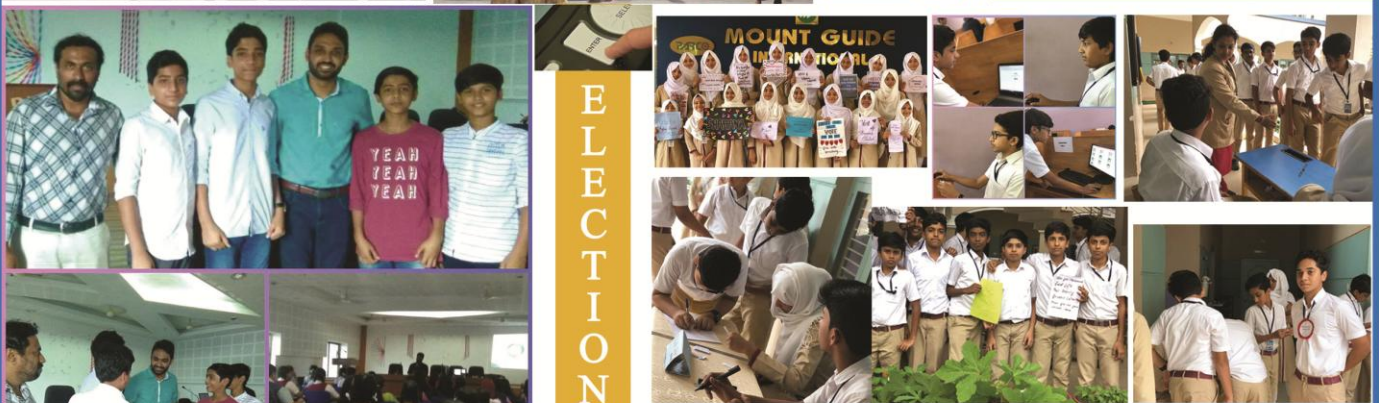
Reading corner, book exhibition etc were set up as part of this. Poet PA Noushad was the guest on that day to raise awareness about the significance of reading in life.



When you inhale, you are taking strength from God and when you exhale, it represents the service you are giving to the world. Reminding your Lord.. Celebrating International Yoga Day



Commemorating the great Humanist Vaikom Muhammed Basheer on his Death Anniversary and enlightning the students about his works



Mount Guidians participated in the Seminar on 'Beat Plastic Kannur Initiative' at Collectorate, Kannur. Students got chance to interact with Mr. Mir Mohammed Ali, IAS, District Collector, Kannur

"The Ballot is stronger than the Bullet" School steers Student Council Elections.... Elections were conducted digitally in a democratic way for the Student council.

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Mountguidians being honored by CBSE and Kannur Sahodaya for their sparkling performance in CBSE X board exam.

Recognising the hard work, achievements and success of our students and staff for bringing a fantastic result in CBSE board exam 2017-2018.



Colours are indeed smiles of nature. Familiarizing different colours to our Kidergartners.. My Favourite Colour Day Celebration



Rainy Day Celebration

To make the school environment light and mesmerizing for the toddler souls, they were brought in an open ground to play in the rain. They had great time in their lives splashing in the rain and enjoying nature's greatest gift.



Investiture Ceremony: Crowning the Leaders

It is a defining moment for the newly elected representatives when the school entrusts responsibilities on the young leaders to uphold the values of the school.



Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic and creative intellectual activity. Activities for agility and coordination.

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**"Leadership is the capacity to translate vision into reality"**  
Student Council members with Core Team to discuss and plan school activities.



**Keep Cool and carry on:**  
Protect our ozone layer and climate.  
**World Ozone Day:**  
An awareness program



**Darkest day in the history of mankind. Hope such things never happen again in this world. Let's all take initiative. Have a vision of a society that has ridden itself of social injustices. No more Wars.. Hiroshima Day!!**



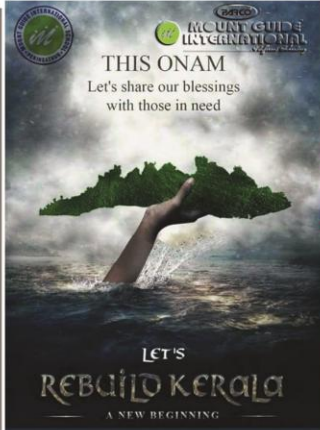
**Live Green to save more Green**  
An initiative to set strategy for a sustainable world...  
Teachers of MGI replaced ball pen with fountain pen as a part of green campus initiative.

**Humanity rises when a catastrophe strikes:**  
Kerala has faced the worst flood this year. Mount Guide has also done its part to help Kerala stand on its feet. Glimpses of the relief work done



**Onam Message to flood stricken Keralites:**

After the floods, Kerala has returned to the kind of idyllic, compassionate, loving state of being that was told in the epic, as during the time of King Mahabali's reign, so if he returns this year and travels through his beloved land, even if there are no pookkalam or very limited onasadyas, his heart will be full. So be ours.  
Glad the sun is out, glad that our innate oneness is radiating and



taking in everyone who needs help, from the volunteers who are working 24/7 even today, offline and online, to all the Government personnel and Military, all working in tandem.  
This is the real Onam! Let's be grateful and be generous ... Let's stand together..

# TERM II ACTIVITIES

Sep.

Oct.

Nov.

KG I,II

I,II

III- V

VI - X



Young Skaters of MGI



Mud art, mud pie, mud slides, mud castles, mudreffic Day.....  
The idea is to get dirty and get outdoors, probably every child's dream and mud day has given just that permission to children of MGI

To rejuvenate their spirits, remain rooted to their moral values and unleash their vitality... Fine Tuning Programme - FTP  
Specially designed camp for adolescents to create a belongingness towards self and surroundings ...



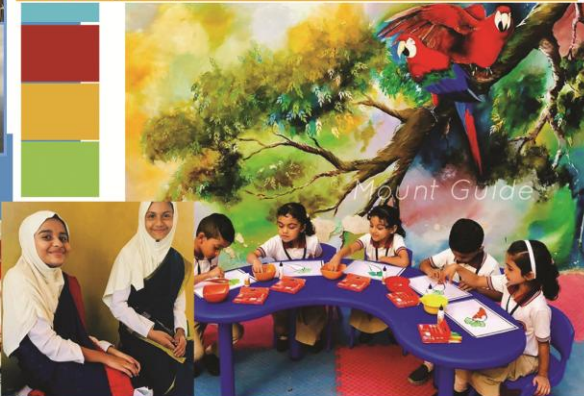
Creative Art Day : An opportunity to learn and be inspired through art..



Flower day Celebration: An innovative method to teach about flowers giving a long lasting impact on their minds by exposing them to the world of flowers



Reassuring the Quality:  
School got updated to ISO 9001:2015 .



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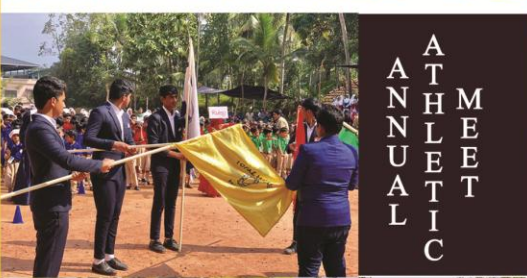


ENGLISH FEST

CELEBRATION



Many children do not have sufficient access to basic dental care to enable a healthy smile. With this program we reach children with free dental screenings and oral health education with the help of reputed doctors. Building a lifetime of healthy habits provides children with burgeoning self-esteem and a foundation for success.



ATHLETIC ANNUAL



## Sharing Day Celebration



"Sharing is caring. Caring is loving. Loving is amazing." Sharing Day .... to teach children about compromise and fairness. Children who share also learn how to take turns and negotiate, and how to cope with disappointment. Thus teaching them the vital skills.

Family Day : an opportunity to reflect on the importance of families, and feel gratitude for the deep bonds and connections we share with one another.



# TERM III ACTIVITIES

Dec

Jan

Feb

KG I,II

I,II

III- V

VI- X



**“Talent Shows with a twist”**  
 Performing arts is an opportunity that not only gives a chance to showcase a child’s skill but also boost their self esteem, develop poise and help to overcome anxieties. Melange, Accolade, children’s fest etc are some occasions to showcase the students’ talents.



School Football Team



Mount Guide Football Soccer League Tournament Winners



Grow your own!! Eat Healthy!!  
 Students enjoying the harvest from the school terrace garden.



“There is no limit to what you can accomplish, except the limits you place on your own thinking”  
 Mount Guide got crowned as overall champions in CBSE Taekwondo championship continuously for four consecutive years.



Kindergarten Graduation Day

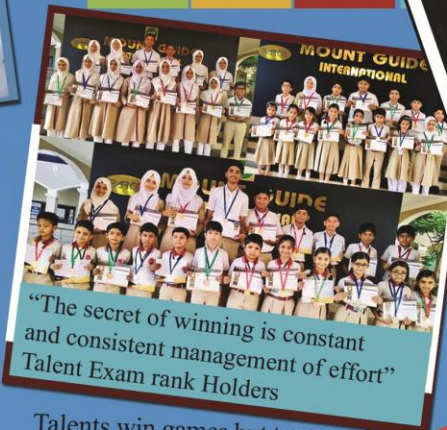
An educational trip is an off-campus learning activity that brings excitement and adventure to learning. A well planned educational trip is an ideal way to introduce new skills and concepts to the children. Mount Guide plans and executes fieldtrips to suit the age and level of students helping them to know themselves engaging them through an intriguing and exciting experiences.

Every step is a remarkable one. But marking the occasion with a ceremony helps the children to reflect on the accomplishments of their first learning journey of two years..





"Tell me and I'll forget,  
Show me and I'll remember  
Involve me and I'll learn."



"The secret of winning is constant  
and consistent management of effort"  
Talent Exam rank Holders

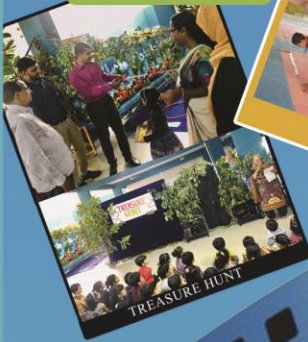
Talents win games but teamwork  
wins championship



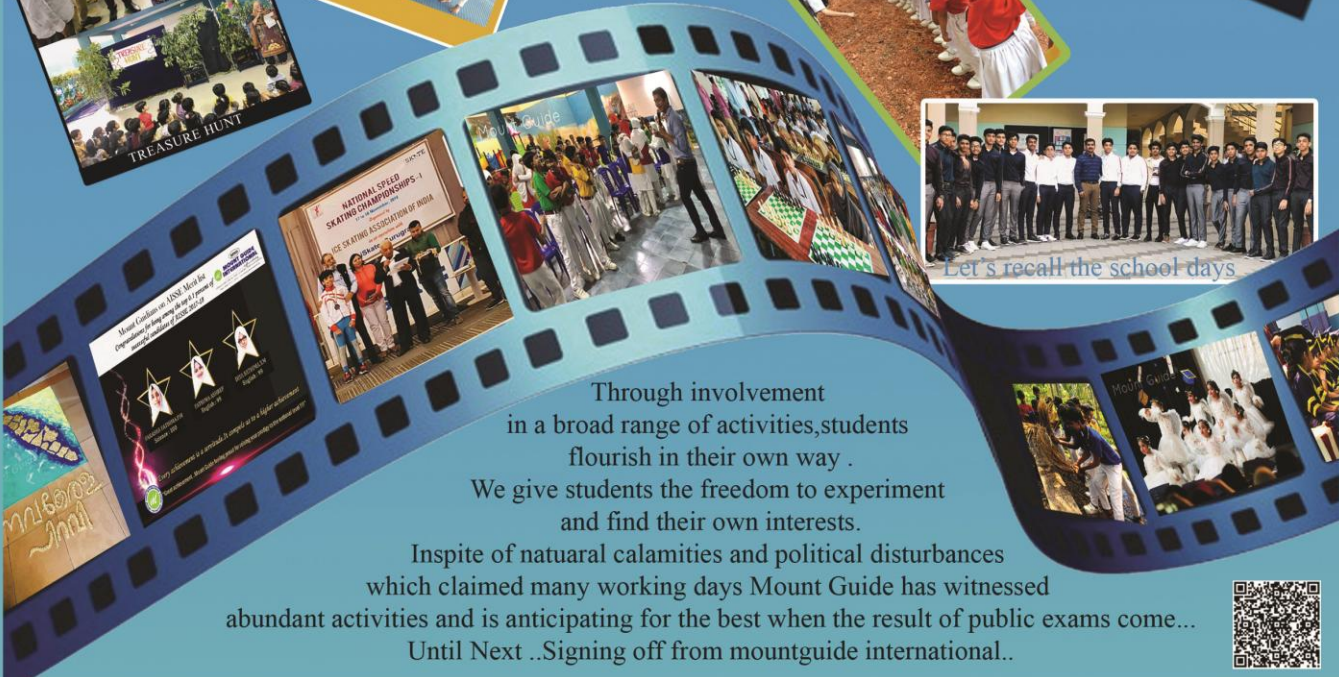
The valuable learning outcome of  
spellings results in children gaining  
competency in vocabulary and this  
allows them to excel at reading and  
writing..Spell Bee Competition



Permanent Bin was set up as a part  
of Collector Bin was set up as a part  
to imbibe in the new generation the  
culture of using dustbins there by  
instilling them the responsibility to  
keep nature and country clean.



Let's recall the school days



Through involvement  
in a broad range of activities, students  
flourish in their own way .  
We give students the freedom to experiment  
and find their own interests.

Inspite of natural calamities and political disturbances  
which claimed many working days Mount Guide has witnessed  
abundant activities and is anticipating for the best when the result of public exams come...  
Until Next ..Signing off from mountguide international..



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INTERNATIONAL  
SCHOOL**



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